

OUTDOOR YOGA



**Wednesday
Afternoons**
5:30 - 6:30 PM
Sept. 4 - 25, 2024



FOR MORE DETAILS CONTACT: 784-5260 X0

Registration: townofbrighton.org/rec

**BRIGHTEN UP YOGA IS AN
OPEN-LEVEL VINYASA YOGA
CLASS THAT IS WELCOMING TO
BOTH BEGINNERS AND
EXPERIENCED YOGIS!**

Fall 2024 Brighton Recreation Program Preview

Thank you to everyone who came out to support Brighton Recreation and Brighton Highway Department last night at Mighty Motors! We hope you enjoyed seeing the machines the keep our community clean and beautiful! We're already looking forward to next year's event! But first - Fall 2024 Programs! In today's email you'll find a list of some of our upcoming Fall 2024 offerings. **Registration will be open to Brighton Residents on Tuesday, September 3.** As always, you can register online, by phone, mail, or in-person at the Recreation Office. We're always adding new programs, so be sure to check our website, follow us on Facebook, and keep your eye on our Friday emails for new and exciting programs!

See you soon at Brighton Rec!

[View All Programs](#)

Community Events

Brighton Community Bike Ride

September's community bike ride is sponsored by Woman Tours and will be a bit longer (9-10 miles).

[VIEW ROUTE HERE](#)

Ages 11+, children must be accompanied by parent/guardian
Friday, Sept. 13 - 5:30 - 7:15 pm

[Register](#)



Brighton COMMUNITY BIKE RIDE



September 13, 2024
5:45 pm

Ride Sponsored by:

WOMANTOURS

Get to know Brighton by bike!
Have fun getting familiar with bicycle infrastructure and lower-stress ways to bike around town with Reconnect Rochester.

After School & School Break Programs

Council Rock After School Program

There are still some spots available on **FRIDAYS** at this location. Register online or call 585-784-5260 x0 to register.

For Kindergarten - 5th Grade

[Register](#)

Brookside After School Program

There are still some spots available on **WEDNESDAYS & FRIDAYS** at this location. Register online or call 585-784-5260 x0 to register.

For Kindergarten - 5th Grade

[Register](#)

Half Day Hooplas

Plan for those half day school days!
K - 5th Grade

[Register](#)

Babysitting & Home Alone Safety

October 3 & 4
Call or register online.

[Register](#)

October Full Day Fun Days

No School? No Problem! Rec Center has your covered!
K - 5th Grade

[Register](#)

Social Seniors @ Brighton Senior Center

Get Social at the Brighton Senior Center!
[Click Here to View August Edition of the Brightest Bulletin!](#)

2024 Senior Farmers Market Nutrition Program Market Coupon Distribution

Tuesday, August 27 @ 11:30 am
First Come, First Serve

Must Be 60+ & Meet Income Eligibility

Coupons will be distributed at Brighton Recreation 1666 S. Winton Road.
No Pre-Registration Required. Limited Quantities Available.

More info available on Monroe County website [CLICK HERE](#)

[Register](#)

Brown Bag Bunch Tuesdays at 11:30 am

August 27 - Painted Rocks with Michaela & Tessa from Clover Blossom
Registration in advance appreciated, van transportation now available.

Call to register 585-784-5260 x0.

SAVE THE DATE!

Lifespan's Annual Fall Prevention Awareness Day

Thursday, September 19, 2024
10:00 am - 1:00 pm

Join Lifespan at the Brighton Farmers Market Barn for Interactive Demos, Vendors and More!

[Register](#)

Brighton Recreation Fall 2024 Program Preview

Below you will find some of our upcoming programs for Fall 2024.
Registration for Brighton Residents begins on **Tuesday, September 3.**
Registration for non-residents begins on Tuesday, September 10.
Registration can be done online, by phone, mail, or in person at the Recreation Office.

[For more information regarding online registration, please click here.](#)

Preschool Programs

Tap, Ballet, & Tumbling

3 - 6 years
Wednesdays @ 5:30 pm

Music & Movement

2 - 3.5 years
Thursdays @ 9:15 am

Tots Takeover

under 3 years
Wednesdays @ 9:30 am

Youth Programs

Lots of ways to keep kids busy this fall after school and on weekends! Reminder - programs may be cancelled due to low enrollment so register early!

Future Stars Tennis

6 - 18 years
Fridays @ 4:00 pm

Rock Climbing @ RocVentures

6 - 18 years
Saturdays, multiple times

FJ1 NFL Flag Football

5 - 10 years
Tuesdays, 6:00 pm

Brighton Development Basketball League

3rd - 6th Grade
Saturday mornings

Hoopstars

3rd - 6th Grade
Wednesday/Thursdays @ 4:00 pm

Fall T-Ball

5 - 7 years
Tuesday & Thursday @ 4:00 pm

Soccer Shots

multiple ages
Wednesdays/Saturdays, times vary

After School Athletics

3rd - 5th Grade
Mondays @ 4:00 pm

Tap, Ballet, & Jazz

3 - 7 years Mondays 5:15 pm
7 - 12 years Wednesdays :15 pm

Horseback Riding Lessons

6 - 16 years
Multiple days/times

Co-ed Youth Volleyball Clinic

3rd - 6th Grade
Tuesdays @ 4:00 pm

Adult Sport & Fitness

Brighton Rec is offering so many ways to get active this fall! From Yoga to Pilates, Basketball to Pickleball, we have something for you!

Brighten Up Yoga

Wednesdays @ 5:30 pm

Mat Pilates

Wednesdays @ 12:15 pm

Water Exercise @ St. John Meadows Pool

Saturdays @ 9:30 am
Wednesdays @ 6:30 pm

Yoga @ the Barn w/ Live Music

Saturday, October 5 @ 5:00 pm

Pickleball Classes & Open Gym

Multiple Dates & Times!

Indoor Disc Golf

Tuesdays @ 6:00 pm

Gentle Yoga

Wednesdays @ 3:30 pm

Adult Open Basketball

Mondays @ 7:30 pm

Lifelong Learning Programs

New sessions of our popular classes will start in September - it's never too late to try something new!

Knitting Class

Open to all skill levels - beginner to experienced! Individualized instruction will be provided.

Mondays @ 10:00 am & Mondays @ 6:30 pm

Painting Concepts

Ready to develop your painting style while working with the media of your choice? Our instructors are ready to guide you with individual attention and demonstration.

Tuesdays @ 6:30 pm

FREE Games & Activities

Register ahead online or by calling 585-784-5260, then check in when you arrive.

Bridge Group Mondays, 1:00 - 3:30 PM
Register with a partner if you have one, but not required.

PLARN Group Tuesdays, 9:30 - 11:30 AM
Join this remarkable service project transforming plastic into mats for people experiencing homelessness.

Euchre Group Tuesdays, 1:30 - 3:30 PM
Bring your quarters & dimes.

Needleworks Wednesdays, 10:00 - Noon
A group for people who enjoy individual needlework projects. Bring your project, peer guidance is always available!

Mah Jongg Groups Wednesdays 1:30 PM, Fridays 1:00 PM
Bring the latest Mah Jongg card with you!

Short Story Circle 1st & 3rd Fridays, 10:30 - Noon
Do you enjoy discussing diverse short story genres and writers? Register to receive the reading schedule.

Rummikub Thursdays, 10:00 - Noon
A tile-based game that combines elements of rummy and mah jongg!

Scrabble Thursdays, 12:30 - 1:30 PM
Please call ahead to register.

See you soon at Brighton Rec!

Questions? Call the Brighton Recreation Department at 585-784-5260
Register online at www.townofbrighton.org/rec

GPS Address: 1666 S. Winton Road
Mailing Address: 220 Idlewood Road