



Join us for Trunk-or-Treat Tomorrow 10/19! 🎃

Happy Friday! We hope to see tomorrow at the annual **Town of Brighton Trunk-or-Treat** event at **Brighton Town Hall**, 2300 Elmwood Avenue. There will be music, games, airbrush tattoos, a costume parade, and of course - spooky trunks and treats! Festivities start at 10:00 am, please enter and exit at the library entrance. For families looking for a **sensory friendly trick-or-treating** experience, you can register for our event on **Friday, October 25!** Classes and programs continue here at Brighton Rec, with more added each month. Take a look below to learn more and register. See you soon at Brighton Rec!

View All Programs

Community Events

Friday, October 25
4:00 - 5:00 pm



Sensory Friendly Trick - or - Treating

This program is specifically for our friends and families who would benefit from a low key, relaxed Trick or Treating event.

REGISTRATION REQUIRED

Register

School Break Programs



Register

Storybook Cook presents Anime/Manga Asian Cooking

Join Storybook Cook to celebrate this popular genre and explore Asian cooking with popular dishes like Teriyaki Stir Fry, Noodles with Homemade Peanut Sauce, Asian Slaw, and fun Candy Sushi!

Friday, November 1
3:00 pm - 4:30 pm
Ages 8 - 12 yrs

*ALLERGY ALERT - Peanuts

100 Things to do in Rochester before you're 12 Field Trip to Ellison Park!

Join Miss Michele and Miss Abby for the 2nd adventure of 100 things to do before you're 12! Participants will check 10 items off the list at Ellison Park, but how many more have you already done?!

Participants will be dropped off/picked up at Brighton Recreation. Transportation to Ellison Park will be in the Recreation van.

NEW DATE!

Friday, November 1
10:00 am - 2:00 pm
Ages 6 - 11 yrs

Register

Youth Programs

Horseback Riding Lessons

Certified instructors teach how to ride and proper horsemanship skills. Lessons at Hillrise Equestrian Center.

Mondays @ 6:00 pm
Nov. 4 - Dec. 2

Register

Rock Climbing @ RocVentures

Recess Rock Climbing is back! Don't forget - RocVentures offers single day camps during school breaks in addition to their monthly programs!

Ages 6 - 18 yrs

Saturdays, multiple times
New sessions each month

Register

Future Stars & JV/Varsity Tennis

Led by Dyson Tennis Team, Futures Stars will cover technical aspects to develop good tennis habits. JV/Varsity class covers technical & competitive drills.

Ages 6 - 18 yrs.

Fridays @ 4:00 pm
Next Session begins Nov. 8

Register

Soccer Shots @ Brighton Recreation

An engaging children's soccer program with a focus on character development.

Next fall session starting November 7!

Classes take place at Brookside Recreation Center using the S. Winton Road entrance.

Classic

Ages 3 - 4 yrs
Thursdays
5:30 - 6:15 pm

Register

Premier

Ages 5 - 7 yrs
Thursdays
5:30 - 6:15 pm

Register

Hoopstars 3rd - 5th Grade

Wednesday

Open to all, intended as extra practice for those in the development league. Further your skills with Coach DJ!

Wednesdays @ 4:00 pm
Nov. 6 - Dec. 18

Register



Thursday

Open to all, intended as extra practice for those in the development league. Further your skills with Coach DJ!

Thursdays @ 4:00 pm
Nov. 7 - Dec. 19

Register

Brighton Development Basketball League

Boys 3rd - 5th Grade Saturdays

Teams will be formed based on skill. Class will consist of practice followed by a game.

Saturdays 10:00 am - 12:00 pm
Nov. 9 - Feb. 8

Register

Girls 3rd - 5th Grade Sundays

Teams will be formed based on skill. Class will consist of practice followed by a game.

Sundays 10:00 am - 12:00 pm
Dec. 8 - Feb. 9

Register

Brighton 6th Grade Basketball League

Boys League Saturdays

Saturdays @ 9:00 am
Nov. 9 - Feb. 8

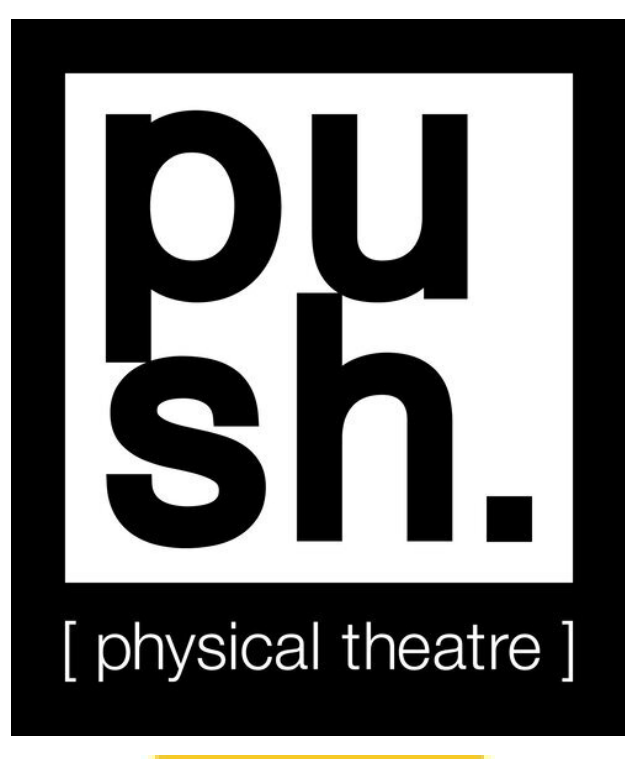
Register

This league intends to provide an opportunity for 6th graders to play competitively throughout the winter. We hope you will register early so that we can have enough participants to run a full league!

Please see the activity description for details on how the activity will run based on enrollment numbers



Adult Programs



Register

PUSH Physical Theatre Try It Day!

PUSH Physical Theatre's Artistic Director Heather Stevenson returns to Brighton Rec for the 3rd year to lead this class that includes movement and lots of play! Work on strength, flexibility, and balance while getting your creative juices flowing!

Wednesday, November 6
10:00 - 11:30 am

Social Seniors @ Brighton Senior Center

Get Social at the Brighton Senior Center!
[Click Here to View the Brightest Senior Monthly Bulletin!](#)

Tuesdays 11:30 am - 1:00 pm
Brown Bag Bunch

Bring a snack or lunch and meet in our multipurpose room. All are welcome! Registration in advance is appreciated, not required.

Register

10/22

Unravelling Mysteries of Sleep
with Rosemary Irwin

There is nothing simple about sleep. Healthy sleep is indispensable for good health!

10/29

Halloween Party & Steve West Acoustic Tunes

Dress in costume or come as you are for a fun day with less tricks and more treats!



Birdwatching & Mindfulness

Led by Stephanie, a Masters student from Nazareth University Art Therapy Masters Program.

Birding is a form of mindfulness that allows us to be in the present moment and feel connected to our surroundings, reduce stress and mental fatigue. Activate your senses and connect with nature!

BYO-Binoculars and you can download the Merlin Bird ID app ahead of time.

Learn more

Group meets in the morning
Dates & Locations vary

Tech Talks with Daniel Teaches

Daniel is a patient teacher of today's technologies. This month's topic is:

Video Chatting 101

Thursday, October 24 @ 1:00 pm

*Registration required.



Register

FREE Games and Activities

Register ahead online or by calling 585-784-5260, then check in when you arrive.

Bridge Group Mondays, 1:00 - 3:30 PM
Register with a partner if you have one, but not required.

PLARN Group Tuesdays, 9:30 - 11:30 AM
Join this remarkable service project transforming plastic into mats for people experiencing homelessness.

Euchre Group Tuesdays, 1:30 - 3:30 PM
Bring your quarters and dimes.

Needleworks Wednesdays, 10:00 - Noon
A group for people who enjoy individual needlework projects. Bring your project, peer guidance is always available!

Mah Jongg Groups Wednesdays 1:30 PM, Fridays 1:00 PM
Bring the latest Mah Jongg card with you!

Short Story Circle 1st and 3rd Fridays, 10:30 - Noon
Do you enjoy discussing diverse short story genres and writers? Register to receive the reading schedule.

Rummikub Thursdays, 10:00 - Noon
A tile-based game that combines elements of rummy and mah jongg!

Scrabble Thursdays, 12:30 - 1:30 PM
Please call ahead to register.

See you soon at Brighton Rec!

Questions? Call the Brighton Recreation Department at 585-784-5260

Register online at www.townofbrighton.org/rec

GPS Address: 1666 S. Winton Road

Mailing Address: 220 Idlewood Road